

ARTICULATION LIST:

SUSTAINS:- "Ooh" drone sustains, looped (1xRR), C2 – B2

BREATHS:- 6xRR

PHRASES (each recorded on wholetone scale within one octave):

1. Alleluia* – 4 phrases

- Alleluia I – 100 BPM
- Alleluia II – 100 BPM
- Alleluia III – 100 BPM
- Alleluia IV – 90 BPM

2. Amen* – 3 phrases

- Amen I – 120 BPM
- Amen II – 120 BPM
- Amen III – 90 BPM

3. Ave Maria – 4 phrases

- Ave Maria 1 – 100 BPM
- Ave Maria 2 – 100 BPM
- Ave Maria 3 – 100 BPM
- Ave Maria 4 – 100 BPM

4. Ave Maris Stella – 3 phrases

- Ave Maris Stella 1 – 90BPM
- Ave Maris Stella 2 – 90BPM
- Ave Maris Stella 3 - 90BPM

5. Ave Verum Corpus – 3 phrases

- Ave Verum Corpus 1 – 100 BPM
- Ave Verum Corpus 2 – 100 BPM
- Ave Verum Corpus 3 – 100 BPM

6. Christe Eleison* – 3 phrases

- Christe Eleison I – 100 BPM
- Christe Eleison II – 80 BPM
- Christe Eleison III – 80 BPM

7. Credo – 4 phrases

- Credo 1 – 80 BPM

- Credo 2 – 120 BPM
- Credo 3 – 120 BPM
- Credo 4 – 100 BPM

8. Dies Irae – 5 phrases

- Dies Irae 1 – 70 BPM
- Dies Irae 2 – 70 BPM
- Dies Irae 3 – 70 BPM
- Dies Irae 4 – 90 BPM
- Dies Irae 5 – 90 BPM

9. Gloria – 3 phrases

- Gloria 1 – 110 BPM
- Gloria 2 – 110 BPM
- Gloria 3 – 110 BPM

10. Hodie Christus Natus Est – 3 phrases

- Hodie Christus Natus Est 1 – 110BPM
- Hodie Christus Natus Est 2 – 110BPM
- Hodie Christus Natus Est 3 – 100BPM

11. In Paradisum – 3 phrases

- In Paradisum 1 - 120 BPM
- In Paradisum 2 - 120 BPM
- In Paradisum 3 - 120 BPM

12. Kyrie Eleison* – 3 phrases

- Kyrie Eleison I – 100 BPM
- Kyrie Eleison II – 100 BPM
- Kyrie Eleison III – 90 BPM

13. Pater Noster – 3 phrases

- Pater Noster 1 – 90 BPM
- Pater Noster 2 – 100 BPM
- Pater Noster 3 – 100 BPM

14. Requiem – 3 phrases

- Requiem 1 – 110BPM
- Requiem 1 – 100BPM
- Requiem 1 – 108BPM

15. Salve Regina – 3 phrases

- Salve Regina 1 – 80 BPM

- Salve Regina 2 – 80 BPM
- Salve Regina 3 – 100 BPM

16. Te Deum Laudamus – 4 phrases

- Te Deum Laudamus 1 – 100 BPM
- Te Deum Laudamus 2 – 90 BPM
- Te Deum Laudamus 3 – 70 BPM
- Te Deum Laudamus 4 – 100 BPM

17. Veni Creator Spiritus – 4 phrases

- Veni Creator Spiritus 1 – 90 BPM
- Veni Creator Spiritus 2 – 90 BPM
- Veni Creator Spiritus 3 – 90 BPM
- Veni Creator Spiritus 4 – 90 BPM

18. Victimae Paschali Laudes – 4 phrases

- Victimae Paschali Laudes 1 – 90 BPM
- Victimae Paschali Laudes 2 – 90 BPM
- Victimae Paschali Laudes 3 – 100 BPM
- Victimae Paschali Laudes 4 – 75 BPM

* The Roman numerals in certain phrases represent vocal variations of the same phrase, while the ones using Arabic numerals split the respective phrase into pieces and the number marks the part of the phrase in question